# I AM NOT ALONE

#### Verse 1

When I walk through deep waters I know that You will be with me When I'm standing in the fire I will not be overcome Through the valley of the shadow I will not fear

#### Chorus

I am not alone
I am not alone
You will go before me
You will never leave me

#### Verse 2

In the midst of deep sorrow
I see Your light is breaking through
The dark of night will not overtake me
I am pressing into You
Lord You fight my ev'ry battle
And I will not fear

## Bridge

You amaze me redeem me You call me as Your own You amaze me redeem me You call me as Your own (REPEAT)

#### Verse 3

You're my strength You're my defender You're my refuge in the storm Through these trials You've always been faithful You bring healing to my soul

# THROUGH AND THROUGH

### Verse

I find that I'm safe and warm in Your loving arms I find that I'm safe and warm in Your loving arms

### **Chorus**

You see me You know me
You love me through and through
You see me You know me
You love me through and through
Interlude
Oh

\*Repeat verse and chorus many times



# DAUGHTERS, ARISE!

JUNE 2024 GATHERING NOTES



# CREATED FOR ATTACHMENT

Every human being was created for attachment ~ to be seen, heard, known, and loved.

(Source: Hold Me Tight by Dr. Sue Johnson)

"The world offers you comfort, but you were not made for comfort. You were made for greatness." Pope Benedict XVI

"My grace is sufficient for you, for My power is made perfect in weakness." (from the 2nd Reading, 2 Corinthians 12:7-10, 7/7/24)

"We are an Easter people and alleluia is our song." St. John Paul II

# JESUS TURNS TO US

We are not an inconvenience; Jesus desires us to call upon Him.

"There was a woman afflicted with hemorrhages for twelve years. She had suffered greatly at the hands of many doctors and had spent all that she had. Yet she was not helped but only grew worse. She had heard about Jesus and came up behind Him in the crowd and touched His cloak. She said, 'If I but touch His clothes, I shall be cured.' Immediately her flow of blood dried up. She felt in her body that she was healed of her affliction. Jesus, aware at once that power had gone out from Him, turned around in the crowd and asked, 'Who has touched My clothes?' . . . And He looked around to see who had done it. The woman, realizing what had happened to her, approached in fear and trembling. She fell down before Jesus and told Him the whole truth. He said to her, 'Daughter, your faith has saved you. Go in peace and be cured of your affliction.'" (from the Gospel of Mark 5:21-43, June 30th)

"I will praise You, Lord, for you have rescued me. O LORD, be my helper. You changed my mourning into dancing; O LORD, my God, forever will I give You thanks." (from the Responsorial Psalm, 6/30/24)

## EMBRACING OUR TITLE

Honoring our title as a Daughter of King, means choosing healthy attachment behaviors.

"He loves, he hopes, he waits. Our Lord prefers to wait Himself for the sinner for years rather than keep us waiting an instant." St. Maria Goretti

"So whoever is in Christ is a new creation: the old things have passed away; behold, new things have come." (from the 2nd Reading, June 23rd)

"Virtue is nothing without the trial of temptation, for there is no conflict without an enemy, no victory without strife." St. Leo the Great

"Hey honey, I am a beloved Daughter of the King. I really want to embrace that title. But, I need to let you know that as a child of God, I am created to be seen, heard, known, and loved. I am created for attachment. You too are a child of God. You also are created to be seen, heard, known, and loved. So, I am going to be more vulnerable with my communication and I would love you to do the same with me."

"He took the child by the hand and said to her, "Talitha koum," which means, "Little girl, I say to you, arise!" (from the Gospel of Mark 5:21-43, June 30th)

## **Builders:**

Greetings, Builder Sisters! We want to invite you to come see us at Eucharisitic Congress. Please grab your friends or Catholic Women you have met while you are here to introduce us to them. We are anxious to meet all of you and continue to build an Army of Adorers by building up the women of the Church.

During the Conference (or anytime,) if you are asked about Kingdom Builders, here is a small elevator speech for you to describe what we are all about:

"Kingdom Builders is a Catholic women's apostolate that began in 2019 and has now grown nationally. Our Mission is to walk with women in God's love as He unveils their beauty, worth, and authority as His beloved daughters. We do this through monthly Gatherings in our host parishes which incorporates engaging Teachings, beautiful Adoration, traditional Latin hymns and modern praise and worship. On an even deeper level, women have the opportunity to form small Mosaic groups and develop holy friendships as well as enrich their faith by filling their body, mind and soul to do God's will."

#### TAKEAWAY NOTES

The dates of all Gatherings at all Host Parishes can be found on our website.

www.BuildingThroughHim.com

If you are a Catholic that has been away from the Sacraments ~ Jesus thirsts for you to come home. If you are not Catholic but are seeking Jesus in the Eucharist, He longs to give Himself to you. Please contact our RCIA director below for more information.

#### PARISH INFORMATION



